

# Power & Control Wheel

The Domestic Abuse Intervention Program developed the Power and Control Wheel with focus groups of battered women in the early 1980's. The Power and Control Wheel does not represent a theory or attempt to give a broad understanding of all violence in the home or community. Instead the Power and Control Wheel offers a more precise explanation of the tactics used to control, coerce and commit violence against women. The tactics used to control and dominate are the spokes of the wheel. Use of these tactics creates power and control over his partner, that is why Power and Control are at the center of the wheel. Physical and sexual violence hold it all together—this violence is the rim of the wheel.

